

Creating Your Activities Chart

Brainstorm your activities and time spent, for the past 4-6 years

- What did you do with your time?
- When and where were you involved with others?
- How many hours per week/month did you participate in these activities?

Responsibilities / Accomplishments

- What were your responsibilities?
- What did you learn?
- What leadership did you practice or recognition did you earn?



To download the electronic version of the Activities Chart, go to www.GetCollegeFunds.org

SAMPLE Activities Chart

OREGON STUDENT ASSISTANCE COMMISSION SCHOLARSHIP APPLICATION

Name: _____		Last four digits of SSN: _____		App # (5 digits) eApp users only: _____
	Dates From-To	Time Spent		Responsibility / Accomplishments
		Hours per Week/Month	Total Hours	
A. School/ Family / Community Activities				
Sunday School Teacher	2000-03	2 hrs/wk	164	Teach lessons to 4 & 5 year olds, organize youth events Clean house, run errands, take to doctor Meet with area Police, plan community awareness, neighbor meetings Sing 8 concerts, 3 competitions, daily class JV Captain 2 years, Varsity member
Caregiver for disabled mother	2002-04	20 hrs/wk	2000	
Community Safety Committee	6/02-6/03	2 hrs/mo	20	
Chamber choir, Jazz choir	2003-05	5 hrs/wk	720	
Volleyball (Varsity and JV)	2003-05	45 hrs/season	135	
B. Volunteer Service				
Kidsports Coach	9/01-12/01	10 hrs/wk	35	Assistant Coach 6 th grade Volleyball
Teen Parent Group	9/02-12/04	3 hrs/wk	240	Organize events, plan meetings, help with childcare, coordinate donation of blankets to homeless shelter
Red Cross Blood Drive	8/04	one-time	6	Check in donors, give juice and cookies
City Library volunteer	11/02-present	4 hrs/mo	144	Read stories, clean tables, re-shelve books
C. Work Experience				
Red Robin Restaurant	9/99-9/02	15 hrs/wk	1440	Wait/bus tables; shift manager—6 months
Pizza Hut	3/03-9/03	8 hrs/wk	376	Cashier, take orders, cook pizza, inventory

Be sure to:

- **Be neat, Be thorough, Be honest**
- **Be concise—limit to one page**
- **Explain what you do for job or activity in Accomplishments column**
- **Use past 4 years of activities (older students can use more)**
- **Spell out obscure acronyms—for instance**
ASB = Associated Student Body
NHS = National Honor Society
FFA and 4-H are okay as is
- **Review for accuracy**
- **Put name on page**

Activities Chart

OREGON STUDENT ASSISTANCE COMMISSION SCHOLARSHIP APPLICATION

App # (5 digits)

Name: _____ Last 4 digits of SSN: _____ eApp users only: _____

	Dates From-To	Time Spent		Responsibility / Accomplishments
		Hours per Week / Month	Total Hours	
A. School/ Family / Community Activities				
B. Volunteer Service				
C. Work for Pay				